RMC Examples, Lesson 12

ANXIETY

Romans 12:2
RMC
Renewed Mind Cycle
Mark 12:30

Captive
2 Cor 10:5

Confess
1 John 1:9

Trigger
(Sin's Attack)

Obey the Word
John 14:23

Humble
1 Peter 5:6

Not a slave
Rom 6:17-18a

Peace
Phil 4:6-7

Set your mind
Col 3:1-2

1 Peter 5:7

Matthew 6:25

RESENTFUL

Romans 12:2
RMC
Renewed Mind Cycle
Mark 12:30

Captive
2 Cor 10:5

Confess
1 John 1:9

Trigger
(Sin's Attack)

Obey the Word
John 14:23

Humble
1 Peter 5:6

Not a slave
Rom 6:17-18a

Peace
Phil 4:6-7

Set your mind
Col 3:1-2

Romans 12:21

Proverbs 19:11